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|  **Monday** |  **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
|  The USDA is an equal opportunity employer “All milk served to participants 2 yrs. And older is unflavored, fat-free milk. Children 1 yr. are served unflavored whole milk.” | **1&2 Year Old’s (5 choices including milk)****1 oz meat/meat alternate****1/8 c fruit & 1/8 c veggie****½ slice bread alternate**Milk-AM & PM Snacks1/2 c 1&2 Year Old1/2 c 3&4 Year Old’Lunch1/2 c 1 &2 Year Old3/4 c 3 & 4 Year OldWGR = w hole grainHM = Home made | **Lunch 3 & 4 Year Old’s (5 choices including milk)****1 ½ oz meat/meat alternate****¼ c fruit and ¼ c vegetables****½ slice bread or bread alternate**Morning & Pm Snack ( 2 Choices) 1/2 oz meat/meat alt.1/2 c fruit or veggie – ½ slice bread or bread alt. | 1 French tst. Sticks, strawberries, milkPulled Pork Sandwich, carrot sticks, peaches, milkWarm Pretzel, string cheese | 2 Fruit Breakfast Pizza, milkSunbutter & Jelly on WGR bread, Red pepper slices, watermelonFruit popsicles, crackers |
|  5 SCP Closed Happy 4th of July | 6 WGR Cheerios, bananas, milkChili, WGR Pita, Peas, Apple slices, milkCucumber slices, string cheese | 7 Bagel w/ cream cheese, peaches, milkHam & Cheese Sandwich on WGR bread, green beans, peaches, milkFruit Salsa & pita chips | 8 Blueberry muffin, mangoes, milk Guacamole chicken wrap, carrot sticks, pineapple, milkWGR crackers, Kiwi | 9 Waffle, pears, milk Tortellini vegetable soup, corn bread, Strawberries, milkBanana sushi roll |
| 12 Rice Krispies, melon, milkHM WGR Mac & Cheese, ham roll up, cauliflower, tropical fruit salad, milkCottage cheese, cherry tomatoes | 13 Oatmeal, berries, milkTuscan Grilled Cheese on WGR bread, tomato soup, applesauce, milkEgg Roll w/ soy sauce, jicama | 14 Breakfast Muffin, pears, milkAvocado & Bean Tostada, corn, pineapple, milkYogurt, Strawberries | 15 Egg Bake with spinach & red peppers, peaches, milkChicken Salad Sandwich on WGR bread, sugar snap peas, mandarin oranges, milkPretzel Sticks, Melon | 16 WGR Cinnamon raisin tst., berries, milkCheese Pizza w/ Canadian bacon, roasted broccoli, fresh pineapple, milkWGR Goldfish,  |
| 19 WGR Bagel w/cream cheese, mangos, milkChicken Noodle Soup, Corn Bread, Green beans, Grapes, milkRice Cake w/ sunbutter, mandarin oranges | 20 WGR Cheerios, banana, milkMeatball Sandwich on WGR Bun, Peas, Strawberries, milkHM Hummus, WGR Crackers | 21 Scrambled eggs, hash brown, pineapple, milkBeef Quesadilla on WGR Tortilla, Cheesy French Bread, Red Pepper slices | 22 Croissant w/ sunbutter, tropical fruit salad, milkSloppy Joe on WGR Bun, Potato wedges, melon, milkSmoothie, melon | 23 Pancake w/berry sauce, sausage, milkChicken Ratatouille, Brown Rice, Broccoli, Orange Slices, MilkEdamame, bread stick |
| 26 WGR English Muffin, apricots, milk Ham & Cheese on WGR bread, green beans, peaches, milkSnap peas, WGR Goldfish crackers | 27 Breakfast burrito, mangos, milkStir fry pork, WGR rice, broccoli, pineapple, milkGraham cracker, strawberries | 28 Sunrise smoothy, WGR toast, milkCheeseburger on WGR bun, Sweet potato fries, melon, milkBanana bread, applesauce | 29 Corn Muffin, blueberries, milkChicken in bechemel sauce over WGR pasta, peas, apple slices, milkPretzel sticks, kiwi | 30 Pancake w/ berry sauce, banana, milkRavioli in marinara, meatballs, corn, grapes, milkGuacamole, WGR crackers |