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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **1&2 Year Old’s (5 choices including milk)****1 oz meat/meat alternate****1/8 c fruit & 1/8 c veggie****½ slice bread alternate**Milk-AM & PM Snacks1/2 c 1&2 Year Old1/2 c 3&4 Year Old’Lunch1/2 c 1 &2 Year Old3/4 c 3 & 4 Year Old | **Lunch 3 & 4 Year Old’s (5 choices including milk)****1 ½ oz meat/meat alternate****¼ c fruit and ¼ c vegetables****½ slice bread or bread alternate**Morning & Pm Snack ( 2 Choices) 1/2 oz meat/meat alternate1/2 c fruit or veggie1/2 slice bread or bread alternate | USDA is an equal opportunity provider and employer |  | **1** WGR Cheerios, Bananas, MilkGrilled Cheese, Tomato Soup, Celery Sticks, Grapes, MilkCracker Sandwiches, Tomato Slices |
| **4** Pancakes, Mandarin oranges, MilkCheese Raviolis w/ Marinara & Meatballs, Corn, Apples, MilkMelon, Pretzel Sticks | **5** Banana Bread square,Melon, MilkBeef & Bean Tamale pie, green beans, peaches, milkSmoothie, Crackers | **6** Oatmeal, Berries, Milk Rainbow Rice W/ Chicken, Roasted Mix Veggies, Oranges, Milk Cinnamon Raisin Bread W/ Butter, Pears | **7** Sausage, English Muffin, oranges, milkTortellini Veggie Soup, Ham roll up, Roasted Cauliflower, grapes, MilkYogurt, cucumber slices | **8** French Tst. Sticks, Pears, Milk Arroz con pollo w/WGR rice, green beans, applesauce, milkWGR Goldfish, Peppers |
| **11** Waffles, Peaches, MilkCheeseburgers, Roasted Red Potatoes, Melon, MilkCottage Cheese, Berries | **12** Blueberry Muffins, Apple Sauce, MilkArroz con pollo w/WGR rice, green beans, applesauce, milkCheesy French Toast, Marinara, Cucumbers | **13** Bagel w/cream cheese, Bananas, MilkSpaghetti With Ground Beef & Marinara, Peas, Berries, MilkCroissant W/ Sunbutter, Pears | **14** Mango Salsa, CrackersTurkey & Cheese on WGR bread, Roasted Broccoli, Pineapple, MilkCantaloupe, WGR Gold FishP | **15** WGR Cheerios, mango, milkMeatball Sandwich, Roasted Carrots,Melon, MilkBaked batatas & apples, Pretzel Sticks |
| **18** Corn Muffins, Apple Sauce, MilkChicken Alfredo Over Elbow Pasta, Roasted Broccoli, Grapes, MilkFresh Fruit Salad, Crackers | **19** Scrambled Eggs, WGR Toast, Peaches, MilkBeef Tacos in WGR tortilla, Rice Pilaf, Roasted Mix Veggies, oranges, milkHummus, Celery And Carrots, Pita Bread | **20** English Muffin, Sausage Links, Pineapples, MilkPulled Pork on WGR bun, roasted potatoes, corn, apple slices , milkChicken And Pork Dumplings, Soy Sauce, Peppers | **21** Cinnamon Raisin toast , Berries, Milk Chicken Noodle Soup, Corn Muffins, Roasted Cauliflower, Apples, Milk Bread Sticks, pretzel sticks, Peppers | **22** French tst. sticks, Bananas, MilkFiesta Mexican Lasagna, Corn, WGR breadstick, mandarin oranges, milkPumpkin Bread, Apple Sauce |
| **25** Oatmeal, Mango, MilkRoast Beef on WGR bread, roasted Cauliflower, Grapes, MilkFresh Veggies, String Cheese | **26** Bagel w/Cream Cheese, Pineapple, MilkChicken Bake, Couscous, Cooked Mix Veggies, apple slices, MilkWarm Croissant w/ Ham & Cheese, Cucumber  | **27** Pancakes, Applesauce, MilkTurkey Roll Ups, Roasted Mix Veggies, Melon, MilkOatmeal Squares, Pears | **28** Rice Krispies, Bananas, MilkBeef Quesadilla, Roasted Mix Veggies, pears, MilkMandarin orange pumpkins, pretzel sticks | 29 Waffle w/berry sauce, applesauceSpider Pizza, carrot sticks, peaches, milkGhost fruit kabobs, crackers |